

Prayer Requests

LMC Family

Phoebe Proud, George Wallis, Angela Yeoman, Bobbie Harrison, Rita Altan, the Carthy family, Chris Watts, Maurice Heather, Ruth Howarth, Lynn Baker, Pam Utting, Eleanor Houston, Lily Austin, Elsie Applebee and Peter Wicks.

Friends of LMC

Margaret Turner, Lin Borrer, Laura, her sister Caroline and mum Christine, Christine Dickens and her husband Chris, Natalie (friend of the LMC Band), Jane Da Silva, Sheila Horley (friend of Joy Vollmer), Phil and Flora Nell Duke (Caroline Duke's parents), Paul & Janet Wickham, Marion Palmer, Linda Howarth, Brian Watts, Lauren, Martin and children George, Ellie and Alexa, Liam O'Sullivan and family (friends of David Hobbs), Rob Mullings (friend of Megan Rambarran), Jenna & Julie Wilkins (friends of Ruth Hobbs) and Gregory Hayes .

Please remember Joyce Cootes and her family on the death of her sister Connie Eaton.

For LMC Preachers preparing for services next week

Rev Sue Creighton and Tracy Deacon (LMC), Heather Hall (Leyton, Trinity)

Prayer

Holy God of the morning: still our minds. Holy God of creation: create through us new life and vitality today. Holy God of whispering gentle breeze: come to us in sighs too deep for words. Holy God of crashing thunder: break into our lives and into our complacency. Holy God of sun and warmth: encourage us to reach out with love. Holy God of the evening: fill the fading light of this day with your awesome presence that we might worship you, honour you, glorify you, bless you, praise and adore you as we take our rest. Amen

Loraine Mellor

For Churches Together in Loughton

Trinity

Bible Reading—John 10 v14-18

“I am the good shepherd; I know my sheep and my sheep know me—just as the Father knows me and I know the Father—and I lay down my life for the sheep. I have other sheep that are not of this sheep pen. I must bring them also. They too will listen to my voice, and there shall be one flock and one shepherd. The reason my Father loves me is that I lay down my life—only to take it up again. No one takes it from me, but I lay it down of my own accord. I have authority to lay it down and authority to take it up again. This command I received from my Father.”

The Week

12th May 2019

Loughton
Methodist
Church

Welcome

New friends ... we look forward to getting to know you better;
please introduce yourselves after the service and fill in a Welcome Card.
LMC friends ... do introduce yourselves to people you don't know.

This Sunday

9.00am Early Morning Service with Communion led by Rev Sue Creighton
10.15am Prayers in Church Hall - All are welcome to join
10.30am Christian Aid Service led by Keith Aldred
6.00pm Evening Worship led by Jenna Thorne

Duty Church Steward am Jane Gooding
pm Peter Medway

The flowers this week have been donated by Mary Howarth and arranged by Chris Hyde.
Thank you to everyone who is involved in the Services today, we appreciate your time and talents to further God's Kingdom at LMC.

Next Sunday 19th May

9.00am Early Morning Prayer Service led by Tracy Deacon
10.15am Prayers in Church Hall - All are welcome to join
10.30am Morning Service led by Rev Sue Creighton
4.00pm Messy Church

Bible verses for May— Acts 1 v 4-8

On one occasion, while he was eating with them, he gave them this command: “Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be baptized with the Holy Spirit.” Then they gathered around him and asked him, “Lord, are you at this time going to restore the kingdom to Israel?” He said to them: “It is not for you to know the times or dates the Father has set by his own authority. But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

Loughton Methodist Church, 260 High Road, Loughton IG10 1RB

Church Office Tel: 020 8502 3071 email: administrator@loughtonmethodist.org.uk

www.loughtonmethodist.org.uk

Mon-Thur 9.00am to 4.00pm - Fri 9.00am to 3.00pm - Sat 10.00am to 12.30pm

WEEKDAY ACTIVITIES AT LMC

Monday	13th	1.30pm 8.00pm	Butterfly Club Badminton Club (Wesley Hall)
Tuesday	14th	10.00am	Toddler Church
Wednesday	15th	9.00am 7.00pm	Prayer Meeting (Worship Area) Table Tennis Club (Wesley Hall)
Thursday	16th	10.30am 11.00am 8.00pm	Girls Group Piano Music at Wesley Café Worship Consultation (Worship Area)
Friday	17th	7.45pm	LMC Singers
Saturday	18th		

Christian Aid Week is coming - 12th-18th May

Thank you to everyone who is sharing in our efforts this Christian Aid Week. Even if you are unable to collect, please put up a poster at home, take a devotional leaflet and pray for our effort. If you are able to collect there is still time to volunteer to collect on Loughton High Road on May 18th, or House to House 12th to 18th May. We also need volunteers to **deliver only** House to House envelopes.

Offers of help please to Keith Aldred
keith@akaldred.plus.com or call him on 01992 560455.



Car Park

The access road to our car park will be closed again from Monday 13th May for paving. The good news is that the end is in sight and we are hopeful that we will have full use of the car park by the end of May.

Epping Forest Foodbank

Epping Forest Foodbank urgently need a volunteer coordinator. Further details on the following link <https://eppingforest.foodbank.org.uk/give-help/volunteer/volunteer-coordinator/>

What Is Your Gift?

Following on from the Annual Church Meeting, we are being asked to consider how we might use our gifts in the life of LMC. If you would like to find out more about getting involved please complete a 'What is Your Gift?' form from a Steward or from the office and return it to the office.

Worship Consultation – Thursday 16th May

Our next Worship Consultation Meeting is this Thursday 16th May at 8pm in the Worship Area. This meeting is open to all, so do come along and join in the discussion on all aspects of our worship here at LMC.

Messy Church—Sunday 19th May 4.00pm-6.00pm

Come along for fun, friendship and food. If you are a child you will need to bring an adult. **Messy Cooks** are needed for fish finger and halloumi wraps. No cooking and just minimal preparation. Please sign the sheet in the Church office if you are able to help with this.



Learning to Pray for Loughton—Wednesday 22nd May at 7.30pm

This is a Churches Together in Loughton celebration. An evening of worship led by LMC, a talk by keynote speaker Rachel Hickson from Heartcry and an opportunity to pray for our community. The service will start at 8pm with refreshments served from 7.30pm.

Forest Circuit Safeguarding Training

There is a sign in the Welcome Area about the next Refresher and Foundation Safeguarding Courses on Saturday 18th May and Wednesday 22nd May at Leytonstone Methodist Church. If you have never been on a safeguarding course and volunteer at LMC then you should attend the Foundation course. The Refresher course is for any volunteer who has not attended a safeguarding course in the last 4 years. Please register on <http://ForestCircuitFoundationCourse.eventbrite.co.uk> and <http://ForestCircuitRefresherCourse.eventbrite.co.uk>.

Forest Circuit Safeguarding Conference

Unfortunately we have been notified that this conference has been cancelled.

Action For Children Plant Sale

Thank you to all who supported the plant sale last week. So far we have raised £630.92 with perhaps a little more to come from whatever is left on the table in the Welcome Area.

Phoebe

Many thanks for all your cards, chocolate, prayers and concern. Phoebe has got so much better in the past two weeks or so. She starts her GCSEs exams next week, at home, which will be less stressful than going to school. These finish mid June and then, hopefully, by early July she will just be wearing a neck brace. At the moment that seems a long time away but I am sure it will be here before we know it. Thank you all again. Kim

Exciting Opportunity

One Programme are looking to recruit a paid Schools Work and Social Media Assistant (age 18-23) for 15 hrs a week based in Newham. If you have a heart for children and young people and are passionate about sharing your faith, or know someone who would be then please visit www.methodist.org.uk/oppjobs or speak to Charlotte.

If you want to put an item in The Week - please get it to the Church Office **NO LATER** than midday Thursday each week.