

Prayer Requests

LMC Family

George Wallis, Angela Yeoman, Bobbie Harrison, Rita Altan, the Carthy family, Chris Watts, Maurice Heather, Ruth Howarth, Lynn Baker, Tracy, Charlie & Lauren Deacon, Pam Utting, Eleanor Houston, Lily Austin, Elsie Applebee and Peter Wicks.

Friends of LMC

Margaret Turner, Lin Borrer, Robert, Laura, her sister Caroline and mum Christine, Christine Dickens and her husband Chris, Natalie (friend of the LMC Band), Jane Da Silva, Sheila Horley (friend of Joy Vollmer), Phil and Flora Nell Duke (Caroline Duke's parents), Paul & Janet Wickham, Marion Palmer, Linda Howarth, Brian Watts, Wanda Rogers, Lauren, Martin and children George, Ellie and Alexa, Liam O'Sullivan and family (friends of David Hobbs), Rob Mullings (friend of Megan Rambarran), Connie Eaton (Joyce Cootes' sister), Jenna & Julie Wilkins (friends of Ruth Hobbs) and Gregory Hayes .

For LMC Preachers preparing for services next week

Rev Sue Creighton (LMC and Trinity) Heather Hall (LMC)

Prayers for World Methodism

Christian Alsted (Methodist Bishop, Nordic and Baltic Area) and David Easton (Scotland District)

Prayer

God, our God: Lead us on our journey from who we are to who you want us to be: So that patience is built into us, kindness is assumed in us, gentleness is part of us, compassion flows from us, truth is second nature to us, and the commitment of love is part of us.

Let us go gladly on the journey towards Easter—the journey towards death and resurrection. Let us journey in the peace and power of the Spirit. Amen

Ruth Harvey

For Churches Together in Loughton

St Mary's Church

Bible Reading—Isaiah 51 v6-8

Lift up your eyes to the heavens, look at the earth beneath; the heavens will vanish like smoke, the earth will wear out like a garment and its inhabitants die like flies. But my salvation will last forever, my righteousness will never fail. "Hear me, you who know what is right, you people who have taken my instruction to heart: Do not fear the reproach of mere mortals or be terrified by their insults. For the moth will eat them up like a garment; the worm will devour them like wool. But my righteousness will last forever, my salvation through all generations."

The Week

7th April 2019

Loughton
Methodist
Church 

Welcome

New friends ... we look forward to getting to know you better; please introduce yourselves after the service and fill in a Welcome Card.

LMC friends ... do introduce yourselves to people you don't know.

This Sunday

- 9.00am Early Morning Prayer Service led by Tracy Deacon
- 10.15am Prayers in Church Hall - All are welcome to join
- 10.30am Morning Service with Communion led by Rev Sue Creighton

Following the 10.30 service today, please join Sue and the Stewards for an hour of prayer around the church premises as we pray for the life and mission of our church.

Duty Church Steward	9.00am	Jane Gooding
	10.30am	Jill Geddes

The flowers this week have been donated and arranged by Jill Angold-Stephens

Thank you to everyone who is involved in the Services today, we appreciate your time and talents to further God's Kingdom at LMC.

Next Sunday 14th April 19

- 9.00am Early Morning Service led by Rev Sue Creighton
- 10.15am Prayers in Church Hall - All are welcome to join
- 10.30am Morning Service led by Heather Hall
- 6.00pm Contemporary Evening Worship

Bible verses for April — Luke 24 v6-9

He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: 'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.' Then they remembered his words.

When they came back from the tomb, they told all these things to the Eleven and to all the others.

Loughton Methodist Church, 260 High Road, Loughton IG10 1RB

Church Office Tel: 020 8502 3071 email: administrator@loughtonmethodist.org.uk

www.loughtonmethodist.org.uk

Mon-Thur 9.00am to 4.00pm - Fri 9.00am to 3.00pm - Sat 10.00am to 12.30pm

WEEKDAY ACTIVITIES AT LMC

Monday	8th	10.30am 8.00pm	Emmaus Group (Worship Area) Badminton Club (Wesley Hall)
Tuesday	9th		
Wednesday	10th	9.00am 10.00am 10.30am 7.00pm 8.00pm	Prayer Meeting (Worship Area) Lent Bible Study (LifeWorks) Communication Survey Drop-In Table Tennis Club (Wesley Hall) Lent Bible Study (LifeWorks)
Thursday	11th	11.00am	Piano Music at Wesley Café
Friday	12th		
Saturday	13th	2.30pm	Messy Vintage

Lent

Lent is one of the most important seasons in the Christian calendar, a time for prayer, fasting and giving in preparation for remembering again the passion, death and resurrection of Jesus. It is a time to reflect individually and as a church community so at LMC we'll be offering the following for Lent:

Sundays—10th March - 14th April: 10.30am worship will focus on the last words of Jesus from the cross and their meaning for us today.

Wednesdays—13th March - 17th April: 10.00am and 8.00pm - Bible Study '40 Acts Generosity Challenge' using the book of Acts to look at how we can live out the Holy Week and Easter story in the world today. Links will be made in worship on Sunday mornings.

During Lent the church flowers will be on display in the Welcome Area for all to enjoy.

Cyclone Appeal

The total amount collected was £1881 for the cyclone and £50 for the school roof.



Holy Week

From Monday 15th April to Thursday 18th April at midday there will be a 15 minute meditation in the Worship Area to reflect upon the events of Holy Week.
Maundy Thursday Communion Service at 8pm, including voluntary foot washing.
Good Friday service at 10.30am
Easter Sunday Communion Service at 9am and Intergenerational Worship with Communion at 10.30am. Please remember to bring a flower for the cross on the forecourt.



Wesley's Cafe

Our lovely cafe has a great new user-friendly coffee machine and we are seeking additional volunteers so we can more effectively reach out to our local community. We need people to work one or more two hour slots, once or twice a month, with the aim of having people work in pairs, especially in the mornings. If you would like to know more, please contact Anne Spong either in person, or email her at anne@loughtonmethodist.org.uk

Messy Vintage, Saturday 13th April, 2:30-5.00pm at LMC

For those who like a gentler pace. Come join us for a time of Christ-Centred fellowship, craft, conversation and afternoon tea! For further info please speak to Charlotte Mckernan or contact the Church Office. If anyone feels they can bake some scones, carrot cake or lemon drizzle for the April 13th Messy Vintage please let Charlotte or the Church Office know.

PALS Fundraising

'We have collected £35 this year in 5ps raising money for PALS. Not quite as good as last year but still very useful indeed. Don't forget, if having 5ps in your wallets or purses gets on your nerves, PALS can do with any you can spare. It goes towards buying goods for the shoeboxes at Christmas and to any cause we are supporting that year.'

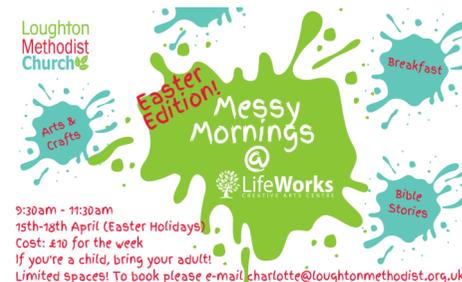
Many thanks, Ros Pike

At LMC we want to hear your VOICE

— because you are **V**alued, what you have to say is **O**riginal, and we want you to feel **I**ncluded in a **C**ommunity where **E**veryone is welcome. Below are some ways that your voice can be heard

1. Fill in the Development Plan Communication Survey – this will be widely distributed and everyone will have an opportunity to participate. Look out for emails, paper copies and displays in the Welcome Area, Wesley Hall and Lifeworks.
2. Come to one of the Communication Survey drop-ins on Wed 10th April from 10.30am, Sunday 14th after church, and Wed 24th starting at 8pm. Members of the Communications Task Group will be around for an hour to answer questions, discuss the survey and encourage you to add to our Communication SWOT analysis (**Strengths, Weaknesses, Opportunities, Threats**).
3. Come to our **Annual General Church Meeting on Sunday 5th May starting at 11.30am after the service and finishing by 1pm**. We'll be looking at the initial results of the Communication Survey as well as sharing ideas and thoughts about our Development Plan. It might sound boring but it won't be if you come and have an input about the life and mission of LMC. Put the date in your diary and more information will follow.

Rev Sue Creighton



Spaces limited - to book in email lifeworks@loughtonmethodist.org.uk