

Prayer Requests

LMC Family

Angela Yeoman, Bobbie Harrison, Rita Altan, the Carthy family, Chris Watts, Maurice Heather, Ruth Howarth, Lynn Baker, Tracy, Charlie & Lauren Deacon, Pam Utting, Eleanor Houston, Lily Austin, Elsie Applebee, Margaret Donoghue, Peter Wicks and Steve Baker.

Friends of LMC

Paul T, Lin Borrer, Laura, her sister Caroline and mum Christine, Christine Dickens and her husband Chris, Natalie (friend of the LMC Band), Jane Da Silva, Sheila Horley (friend of Joy Vollmer), Phil and Flora Nell Duke (Caroline Duke's parents), Paul & Janet Wickham, Marion Palmer, Linda Howarth, Brian Watts, Wanda Rogers, Lauren, Martin and children George, Ellie and Alexa, Liam O'Sullivan and family (friends of David Hobbs), Rob Mullings (friend of Megan Rambarran), Connie Eaton (Joyce Cootes' sister), Jenna & Julie Wilkins (friends of Ruth Hobbs), Jason and Claire Gray & Family (relatives of Joy Vollmer) and Gregory Hayes .

For LMC Preachers preparing for services next week

Rev Sue Creighton and Keith Aldred (LMC) and Heather Hall (South Chingford)

Prayers for World Methodism

Silvio Cevallos (Methodist Bishop, Ecuador) and Jonathan Pye (Chair, Bristol District)

Prayer

God of love and hope and life, at the beginning of Lent we come to you.

You know who we are. You know what we are like. You know what is important to us. You know where we hurt.

We come to you seeking forgiveness. We come to you seeking strength for our journey.

We come to you seeking love.

God of love and hope and life, meet us here. Amen

Ruth Burgess and Sally Foster-Fulton

For Churches Together in Loughton

Restore

Bible Reading—Luke 4 v1-7

Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry. The devil said to him, "If you are the Son of God, tell this stone to become bread." Jesus answered, "It is written: 'Man shall not live on bread alone.'" The devil led him up to a high place and showed him in an instant all the kingdoms of the world. And he said to him, "I will give you all their authority and splendour; it has been given to me, and I can give it to anyone I want to. If you worship me, it will all be yours."

The Week

10th March 2019

Loughton
Methodist
Church 

Welcome

New friends ... we look forward to getting to know you better;
please introduce yourselves after the service and fill in a Welcome Card.

LMC friends ... do introduce yourselves to people you don't know.

This Sunday

- 9.00am Early Morning Communion Service led by Rev Sue Creighton
- 10.15am Prayers in Church Hall - All are welcome to join
- 10.30am Morning Service led by Uko Emmanuel
- 6.00pm Contemporary Evening Service

Duty Church Steward am Stephen Murray
 pm Sharon Heather

The flowers this week have been donated by Angela Yeoman
Thank you to everyone who is involved in the Services today, we appreciate your time and talents to further God's Kingdom at LMC.

Next Sunday 17th March

- 9.00am Early Morning Prayer Service led by Keith Aldred
- 10.15am Prayers in Church Hall - All are welcome to join
- 10.30am Morning Service led by Rev Sue Creighton
- 4.00pm Messy Church

Bible verses for March—Philippians 3 v7-11

But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, and so, somehow, attaining to the resurrection from the dead.

Loughton Methodist Church, 260 High Road, Loughton IG10 1RB

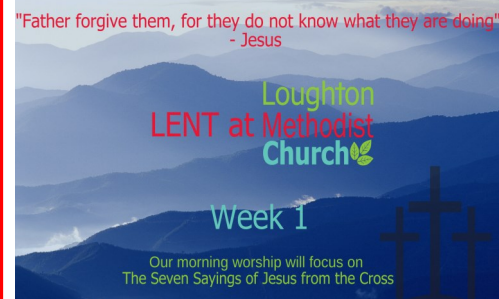
Church Office Tel: 020 8502 3071 email: administrator@loughtonmethodist.org.uk

www.loughtonmethodist.org.uk

Mon-Thur 9.00am to 4.00pm - Fri 9.00am to 3.00pm - Sat 10.00am to 12.30pm

WEEKDAY ACTIVITIES AT LMC

Monday	11th	10.30am 1.30pm 8.00pm	Emmaus Group at the Church Butterfly Club Badminton Club (Wesley Hall)
Tuesday	12th	10.00am	Toddler Church
Wednesday	13th	9.00am 10.00am 7.00pm 8.00pm	Prayer Meeting Lent Bible Study Table Tennis Club (Wesley Hall) Lent Bible Study
Thursday	14th	10.30am 11.00am	Girls Group Piano Music at Wesley Café
Friday	15th	7.45pm	LMC Singers



Lent

Lent is one of the most important seasons in the Christian calendar, a time for prayer, fasting and giving in preparation for remembering again the passion, death and resurrection of Jesus. It is a time to reflect individually and as a church community so at LMC we'll be offering the following for Lent:

Sundays—10th March - 14th April: 10.30am worship will focus on the last words of Jesus from the cross and their meaning for us today.

Wednesdays—13th March - 17th April: 10.00am and 8.00pm - Bible Study '40 Acts Generosity Challenge' using the book of Acts to look at how we can live out the Holy Week and Easter story in the world today. Links will be made in worship on Sunday mornings.

If you would like follow the 40 Acts for 40 days challenge the link is <https://40acts.org.uk>. Or you might like to follow a Lent challenge from Christian Aid, All We Can or other resources.

During Lent the church flowers will be on display in the Welcome Area for all to enjoy.



Messy Church—Sunday 17th March 4.00pm-6.00pm

Come along for fun, craft, games, friendship and a meal. If you are a child, you will need to bring an adult. **Messy Cooks** are needed to make Creamy Tomato Pasta Bake, recipes and foil dishes are in the Church Office.

Plastic items needed for Messy Church Sunday 17th March

We are looking for plastic items such as grape punnets, plastic trays, margarine tubs etc. We're hoping to give them a new lease of life as part of Messy Church. If you could leave them in the church office for Charlotte that would be great! Thank you.

Children, Youth and Families Worker

We are pleased to announce that having advertised for a full time Children, Youth and Families Worker, Charlotte Mckernan has been appointed and will start the role on 1st April. We wish her all the best in the post.

Chloe and Tom's Wedding—Saturday 23rd March

A reminder from Fiona that it would be very helpful if cakes for the wedding could be brought to the church from 9.30am on the Saturday or can be left in the Church Office on the Friday.

Mission Direct Quiz Night—Saturday 30th March at 7.00pm

Please come and join the Mission Direct Team for their final fundraiser for Joshua Dhube School in Zimbabwe. Test your knowledge and enjoy a hot supper, all for £13.50 per head. BYO nibbles and drink, tables of 8 to 10 welcome or join in with a table. This is taking place at Bancroft School, High Road, Woodford Green IG8 0RF. Please see Glynis in the office for tickets. We look forward to seeing you on the 30th.

Next Whitechapel Mission Breakfast Challenge - Thursday 11th April

A team will be going to the Whitechapel Mission on Thursday 11 April to prepare and serve breakfasts to the homeless of London. It's an early start as we meet at Loughton Station at 5.10am and catch the first train to London. We arrive at the Mission at 6.00am and start preparing the breakfasts and then serve it from 8.00am to 10.00am. We then clear up and finish there about 11.30am and are usually back in Loughton about 12.30pm. If you would like to come along please see Steve Perry, or email him on steveperryemail@gmail.com

Thank you from Chris Watts

"A BIG 'THANK YOU' to all you lovely people who sent me cards and/or gifts; prayed for me, texted, WhatsApped or phoned me; drove me to or from hospital, and gave me hugs! I have felt very blessed to be part of such a wonderful community and your kindness certainly helped me through the worst of my treatment. Thank you again. Chris Watts xx "

CDRC Coffee Morning—Saturday 6th April

Homemade cakes and crafts in the Welcome Area from 10.00am to 12.30pm

The Week If you want to put an item in The Week - please get it to the church office **NO LATER** than midday Thursday each week.